



SCS for the Viscera & Lymphatic System

Prerequisite: SCS I or SCS II

SCS V&L participants will learn over 60, recently developed techniques, which effectively alleviate viscerospasm, lymphatic vasospasm, as well as restrictions in the visceral serous membranes, visceral ligaments, and associated contractile elements. This course will include a review of the related anatomy and physiology of the viscera and lymphatic systems. In addition, newly published research articles related to the contractile properties of fascia and the lymphatic system will be presented as a theoretical rationale.

Outline:

- *Origin of Visceral SCS*
- *New research regarding the contractile properties of fascia*
- *Overview of Visceral Anatomy*
- *Clinical applications of visceral SCS*
- *Thoracic viscera*
- *Upper & Lower abdominal viscera*
- *Urogenital System*
- *Abdominal Sphincters*
- *Overview of the lymphatic system*
- *Research regarding the contractile properties of lymphatic vessels*
- *Clinical applications of Lymphatic SCS*
- *Lymphatic vessels of the head, neck, trunk and extremities*

Goals/Objectives:

- *Improve knowledge and understanding of visceral anatomy*
- *Improve knowledge and understanding of the lymphatic system*
- *Gain proficiency in Strain and Counterstrain treatment techniques for visceral dysfunction*
- *Gain proficiency in Strain and Counterstrain treatment techniques for the lymphatic system*
- *Integrate Visceral and Lymphatic treatment with existing SCS techniques*
- *Utilize Strain and Counterstrain documentation format*

Course Schedule:

Day One:		Day Two:		Day Three:	
8:00 - 8:30	Registration	8:30 - 10:30	Upper Abdominal Cavity	8:30 - 9:30	Lymphatic System Lecture (cont'd)
8:30 - 10:00	Intro/ Physiological basis of Visceral SCS	10:30 - 10:45	Break	9:30 - 11:30	Lymphatic vessels of the Head & Neck
10:00 - 10:15	Break	10:45 - 12:30	Lower Abdominal Cavity	11:30 - 11:45	Break
10:15 - 12:00	Clinical Applications of Visceral SCS / Anatomy overview	12:30 - 1:30	Lunch	11:45 - 1:00	Lymphatic vessels of the trunk
12:00 - 1:00	Lunch	1:30 - 3:00	Urogenital System	1:00 - 2:30	Lymphatic vessels of the extremities
1:00 - 3:00	Surface anatomy of the rib cage	3:00 - 3:15	Break		
3:00 - 3:15	Break	3:15 - 4:30	Abdominal Sphincters		
3:15 - 5:00	Cardiopulmonary Dysfunctions	4:30 - 5:00	The Lymphatic system/ Intro	2:30 - 3:30	Documentation/ wind down lecture